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8 **BEFORE THE**
9 **BOARD OF CHIROPRACTIC EXAMINERS**
10 **DEPARTMENT OF CONSUMER AFFAIRS**
11 **STATE OF CALIFORNIA**

12 In the Matter of the Accusation Against:

Case No. AC 2025-2071

13 **GARRETT SHAYNE HEWSTAN AKA**
14 **DANIEL FRANCIS LYNCH**
15 **662 8th Ave.**
16 **San Francisco, CA 94118**

ACCUSATION

Chiropractic License No. DC 34796

Respondent.

17 **PARTIES**

18 1. Kristin Walker (Complainant) brings this Accusation solely in her official capacity as
19 Executive Officer, Board of Chiropractic Examiners (Board), Department of Consumer Affairs.

20 2. On or about March 4, 2020, the Board issued Chiropractic License Number DC
21 34796 to Garrett Shayne Hewstan aka Daniel Francis Lynch (Respondent). The Chiropractic
22 License expired on November 30, 2020, and has not been renewed.

23 **JURISDICTION**

24 3. This Accusation is brought before the Board, under the authority of the following
25 sections of the Chiropractic Act (Act).¹

26
27 ¹ The Chiropractic Act, an initiative measure approved by the electors on November 7,
28 1922, while not included in the Business and Professions Code by the legislature, is set out in
(continued...)

1 4. Section 10(b) of the Act provides, in pertinent part, that the Board may refuse to
2 grant, or may suspend or revoke, a license to practice chiropractic in this state, or may place the
3 licensee on probation or issue a reprimand, for violation of the rules and regulations adopted by
4 the Board, or for any cause specified in the Act.

5 5. California Code of Regulations, title 16, section 372 states:
6 The suspension, expiration, or forfeiture by operation of law of a license issued by the board, or
7 its suspension, or forfeiture by order of the board or by order of a court of law, or its surrender
8 without the written consent of the board shall not, during any period in which it may be renewed,
9 restored, reissued, or reinstated, deprive the board of its authority to institute or continue a
10 disciplinary proceeding against the licensee upon any ground provided by law or to enter an order
11 suspending or revoking the license or otherwise taking disciplinary action against the licensee . . .

12 **STATUTORY PROVISIONS AND REGULATORY PROVISIONS**

13 6. California Code of Regulations, title 16, section 310.2, states:

14 No person shall engage in the practice of chiropractic, as defined in Section
15 302, without holding a license, which is an active status, issued by the Board.

16 Any person who advertises or promotes, in any manner, the words “doctor” or
17 “chiropractic,” the letters, prefixes or suffixes “Dr.” or “D.C.,” or any other word,
18 title or letters indicating or implying that he or she is engaged in the practice of
19 chiropractic, or who represents or holds himself or herself out as a doctor of
20 chiropractic, without having, at the time of so doing, a valid, unrevoked, or
21 unsurrendered license, is in violation of the Chiropractic Imitative Act.

19 **COST RECOVERY**

20 7. California Code of Regulations, title 16, section 317.5, subdivision (a),
21 states, in pertinent part:

22 In any order in resolution of a disciplinary proceeding before the Board of
23 Chiropractic Examiners, the board may request the administrative law judge to direct
24 a licentiate found to have committed a violation or violations of the Chiropractic
25 Initiative Act to pay a sum not to exceed the reasonable costs of the investigation and
26 enforcement of the case.

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28 West's Annotated California Codes as sections 1000-1 to 1000-19, and is included in Deering's
California Codes as Appendix I, for convenient reference.

1 **FACTUAL ALLEGATIONS**

2 8. At all times relevant herein, Respondent identified as “Garrett Hewstan” in his
3 professional capacity, and did not have a valid and active Chiropractic license in any name.

4 9. At all times relevant herein, Respondent maintained a website for the Amari Method.

5 **AMARI METHOD WEBSITE REVIEWED MAY 29, 2025**

6 10. On or about May 29, 2025, the website for the Amari Method included the following:

- 7 a. Respondent (using the name Garrett Hewstan) is identified as the creator of the
8 Amari Method;
- 9 b. Photos of Respondent were included on the website;
- 10 c. The “About” section of the website referenced Respondent’s previous
11 chiropractic schooling;
- 12 d. The “Therapy” section of the website referenced providing care using the Amari
13 Method, “Network of Chiropractic,” and “Somatic Respiratory Integration (SRI).”
- 14 e. The “Amari Method” section of the website included the following: “The Amari
15 Method is a gentle, transformative approach designed to quickly relieve pain and
16 restore your body’s natural alignment and freedom of movement. Our signature
17 seven-step protocol combines intuitive movements with powerful, non-invasive
18 techniques to deliver immediate and lasting relief. And, “After establishing this
19 strong base, clients often deepen their practice through advanced healing
20 modalities offered in follow-up sessions, such as Network Chiropractic and
21 Somatic Respiratory Integration (SRI), further enhancing their long-term results.”
- 22 f. The “Journal” section of the website contained an article titled “How the Amari
23 Method Evolved from 25 years of healing practice” crediting the development of
24 the Amari Method to the culmination of Respondent’s 25+ years as a yoga
25 teacher, massage therapist, and chiropractor, and to his having attended countless
26 hours of continuing education.
- 27 g. The “Booking” section of the website included an option to schedule an in-person
28 session, described as having “expert guidance in our fully equipped studio” and

1 “hands-on adjustments and personalized instruction.” New clients were required
2 to sign into a web-based application form and complete a practice membership
3 agreement before scheduling an appointment.

- 4 h. The membership agreement form stated, “The Association is committed to
5 upholding the principles of vitalistic chiropractic care, which honors the body’s
6 innate ability to heal and self-regulate.”

7 **INSTAGRAM ACCOUNT REVIEWED MAY 29, 2025**

8 11. For some period of time including on or about May 29, 2025, Respondent maintained
9 an Instagram account with the username “drgarretthewstan,”

10 12. Respondent’s Instagram page included a post, dated on or about April 23, 2025, with
11 photos of Respondent and a caption stating, “I definitely didn’t know 10 and 22 years ago that I
12 was going to be a Chiropractor.”

13 **LINKEDIN PROFILE REVIEWED JUNE 4, 2025**

14 13. For some period of time including on or about June 4, 2025, Respondent maintained a
15 LinkedIn Profile that included a photo of himself and the caption, “San Francisco chiropractor
16 specializing in gentle alignment and nonviolent communication, a needs-based consciousness.”

17 14. The “About” section of the profile contained the following description: “On the
18 chiropractic table, I will ask you to perceive yourself differently using your breath and movement,
19 by helping you to connect with an inner sense of vitality that you may have forgotten about.”

20 15. The “Experience” section of the profile stated, “Chiropractor-Self Employed.”

21 16. The “Education” section of the profile stated, “Life Chiropractic College West-
22 Doctor of Chiropractor – DC, Anatomy and Physiology from 2012-2016.”

23 **THUMBTRACK ACCOUNT REVIEWED JULY 24, 2025**

24 17. For some period of time including on or about July 24, 2025, Respondent maintained
25 a Thumbtrack account for “Daniel Garrett Hewstan DC, CMT.”

26 18. The profile included a photograph of Respondent and identified “Hewstan” as a “deep
27 tissue/sports/Thai massage specialist & chiropractor.”
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1 19. The profile also stated the following: “And just so there’s no confusion, I started
2 going by my middle name Garrett recently.” Further, under the credential section of the webpage,
3 it stated a background check was completed for “Dan Lynch” on July 14, 2025.

4 **AMARI METHOD WEBSITE REVIEWED APRIL 29, 2026**

5 20. For some period of time including on or about April 29, 2026, the webpage for the
6 Amari Method included the following:

- 7 a. The main section of the webpage included a title stating, “A Doctor Who Teaches You
8 to Heal Yourself.”
- 9 b. The webpage included a video of Respondent introducing himself and describing the
10 services he provided, including something to the effect of “I will teach you how to align
11 your own body at home.”
- 12 c. Throughout the webpage, Respondent regularly refers to himself as doctor using the
13 abbreviation “Dr.”

14 21. On or about September 11, 2023, in San Francisco County Superior Court, Case
15 Number CNC-23-558001, the Court granted Respondent’s petition and issued a decree changing
16 Respondent’s name from Daniel Francis Lynch to Garrett Shayne Hewstan.

17 22. On or about April 16, 2026, the Board received an application from Respondent,
18 requesting to change the name associated with License Number DC 34796 from Daniel Francis
19 Lynch to Garrett Shayne Hewstan.

20 **FIRST CAUSE FOR DISCIPLINE**

21 **(Use of Title by Unlicensed Person)**

22 23. Respondent has subjected his Chiropractic License to disciplinary action pursuant to
23 Code section 10, subdivision (b) and/or California Code of Regulations, title 16, section 310.2, in
24 that, as described in paragraphs 8 through 20, Respondent implied that he was engaged in the
25 practice of chiropractic and/or held himself out as a doctor of chiropractic without a valid license.

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1 **SECOND CAUSE FOR DISCIPLINE**

2 **(Failure to Register Name Change)**

3 24. Respondent has subjected his Chiropractic License to disciplinary action pursuant to
4 Code section 10, subdivision (b) and/or California Code of Regulations, title 16, section 310, in
5 that, as described in paragraphs 21 through 22, Respondent failed to submit a written statement
6 and/or legal documents to the Board reflecting his name change within 10 days of his legal name
7 change.

8 **PRAYER**

9 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,
10 and that following the hearing, the Board of Chiropractic Examiners issue a decision:

11 1. Revoking or suspending Chiropractic License Number DC 34796, issued to Garrett
12 Shayne Hewstan aka Daniel Francis Lynch (Respondent);

13 2. Ordering Respondent to pay the Board of Chiropractic Examiners the reasonable
14 costs of the investigation and enforcement of this case, pursuant to Title 16, California Code of
15 Regulations, section 317.5 and if placed on probation, the costs of probation monitoring;

16 and,

17 3. Taking such other and further action as is deemed necessary and proper.

18
19 DATED: 5/14/2026

Signature on File

20 KRISTIN WALKER
21 Executive Officer
22 Board of Chiropractic Examiners
23 Department of Consumer Affairs
24 State of California
25 *Complainant*

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